



## NEWSLETTER JUNE 2024

### EDITOR'S COMMENTS



Editor: In the newsletter, I always like to feature any information/comments/ outing feedback/group news from any members and if you want to contact me, my details are below.

Newsletter Editor	Phil Joiner	ww3aphil@gmail.com 07728 748 131
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At the AGM, the committee members proposed were elected and full details of their titles and contact details are in the Members section of our website at <https://www.u3a-ww.uk/>

All newsletter contributions to be received by midnight on 19th June. Newsletter will go to the webmaster on 20th June

### UPCOMING SPEAKER



#### THE ART OF TRICKERY: HOW MAGICIANS ARE SEEN IN PAINTINGS, PRINTS AND CARTOONS.

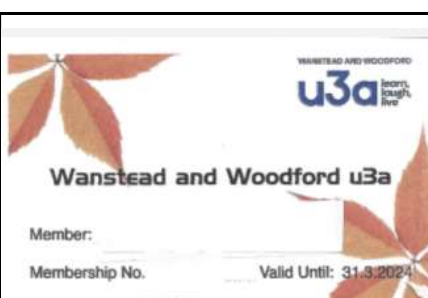
On Tuesday 4th June 2024.  
At 10.30 a.m.  
At: The Memorial Hall,  
South Woodford.  
209 High Rd, E18 2PA.

Speaker: Ian Keable.

This talk is on how magicians have appeared in art throughout the centuries, whether in paintings, satirical prints or cartoons. Early artists used the magician to symbolise the mysterious and the unknown, associating them with astrology and tarot cards. In the 16th century, Pieter Bruegel and Hieronymus Bosch produced two of the most famous and striking pictures of the conjurer performing the Cups and Balls trick. The 18th and 19th century saw a proliferation in engravings and lithographs showing the magician both indoors and on the streets. Cartoonists and satirists delighted in linking politicians with skulduggery with images of them featuring the Three-Card Trick, vanishing illusions or pulling a Rabbit out of the Hat. In addition, to bring the illustrations alive, Ian will perform some of the tricks depicted.

When old age starts creeping up, just have to creep along with it.

### RENEWALS 2024/2025



Diane Conway reminds us that our annual membership fee for the year from 1st April 2024 will be held at £18.00 per member or £36.00 for a couple for the third consecutive year. If you want to receive a monthly newsletter by

post, the additional cost will be £15.00 per member, as it is now .

Wherever possible please pay by internet banking as the alternative of paying by cheque has now been made even more difficult and time consuming than has been mentioned previously. You may also pay by telephone banking if you have subscribed to this service. We will accept cheques only as a VERY LAST resort and we URGE you to ask a family member, friend or neighbour to pay on your behalf if you are not able to use internet banking yourself. When paying by bank transfer, in the 'reference' box, please enter the word 'subs' followed by your membership number. If you are paying to receive the newsletter by post, you should enter 'subs' followed by your membership number and then the word 'news' (no spaces necessary).

Please do the same if you are paying by any other means. This is very important because we have over 500 member, and last year we spent hours unnecessarily trying to identify payments where no name or membership number was given. At the moment, the situation regarding whether to have annual or lifetime membership cards is still under consideration and we will inform you of our decision in due course. The committee are looking at other methods of delivering membership cards and members should use their 23/24 cards until further notice.

Please note that the window to pay your subs closes on the 31st May. After that time you will become a lapsed member and will not be able to attend any activities.

### CURRENT VACANCIES

Boules	Bridge	Film Group
French	History	Italian 1
Italian 2	Local Walks	Looking at Art/ Culture
Table tennis	Ten Pin Bowling	Trains, Boats and Planes

Sorry to announce that the Flower Arranging Group has closed. Also the original Community Gardening Group is no longer a WWU3A activity but they are continuing as South Woodford Gardeners. ( See article on page 3)

Ageing gracefully is a nice way of saying you're looking worse. Page 1

## WWU3A EVENTS



### SISTER ACT THEATRE TRIP

Janet Taylor lets us know that tickets for Sister Act at the Dominion Theatre Tottenham Court Road on Wednesday 26th June @ 2.30 matinee will be available to be collected for those who have paid, so please come and see Janet at the next meeting. Should be a good show. Cost £40.00



### CHENIES MANOR HOUSE, GARDENS & CHAPEL

On Tuesday 13th August. Meet at James Hawkey Hall at 9.00 a.m. Cost £45.00. Includes Private tour of the Manor House, morning tea/coffee & mixed sandwich platter lunch.

Just recalling a visit to some places make you smile and Chénies Manor House is just such a place. Nestled close to the banks of the River Chess, which marks the boundary of Buckinghamshire and Hertfordshire, it has a rich history dating back to at least 1180, which includes visits by Henry VIII and Elizabeth 1st right throughout modern times by Nikolaus Pevsner and the Time Team. Chénies' picturesque architecture has also made it a favourite of TV and film makers and you may recognise it from Midsummer Murders, Tom's Midnight Garden or Little Dorrit to name just a few.

We will leave the Hawkey Hall at 9.00 a.m. to arrive by 10.30a.m. where a cup of coffee will be waiting for us before we get divided into smaller groups for a private tour of the House. After which, it's time for our sandwich lunch before the House is opened to the public at 2.00p.m. and the time is your own to explore the beautiful gardens, well house and so much more.

Our coach will leave to bring us back to Woodford at 5.00p.m. Sandra Reekie 07969430936.



### HENLEY ON THAMES AND BASILDON PARK FEEDBACK FROM JANET TAYLOR

On an absolutely gorgeous morning we met the coach at Hawkey Hall and set off for Henley on Thames. On arrival we had time to wander along the river and have some lunch or meander through the town which had several very nice independent places to eat. After lunch we picked up the coach and made our way to Basildon House, the driver taking us expertly down some very narrow country lanes. On arrival at the house, still in bright warm sunshine, we had a couple of hours to explore the house and gardens which was the home of Lord and Lady Illife, who by the way when discussing with fellow directors what to call a new brand of notepaper they decided to incorporate the name of the house they were in, and so Basildon Bond was born.

There was just time for a cup of tea or an ice cream before we made our way home, arriving back at about 6.30 p.m. Our thanks to Sandra for organising such a lovely day out.

Page 2: **Someone said I had delusions of adequacy**

## GROUP AND INFORMATION



### FILM GROUP

Angela Barnes reports. We met on Wednesday 8th May and spent an entertaining afternoon watching The Dressmaker starring Kate Winslet, Judy Davis (one of our members tells me she is the Aussie equivalent of Dame Judi Dench) and Liam Hemsworth. It was described as 'Stylish and darkly comic' and it certainly was that and very well acted too. Some of our members felt they had seen it but long enough ago (it came out in 2015) that they had forgotten enough to make it a very enjoyable afternoon.

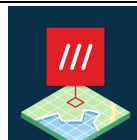
We meet on the second Wednesday of every month except August and we always have tea/coffee and biscuits afterwards. Our next meeting is on Wednesday 12th June and we will be watching the 2023 film The Great Escaper starring Michael Caine and Glenda Jackson. It is based on the true story of Bernard Jordan who made an escape from his care home in 1944 to join fellow veterans in Normandy commemorating their fallen comrades at the D-Day landings 70th anniversary. It is a heart-warming film and very appropriate to watch around the time of the 80th anniversary of the D-Day landings.

We are a friendly and welcoming group with plenty of space for new members. Come along and try us out. Email or ring me if you need more details Angela Barnes angelabarnes1972@gmail.com 07817904572



### THE LUNCH MARKET CANARY WHARF

The lunch market is returning to Montgomery Square, Canary Wharf this summer on every Thursday 12.00 – 2.30 until 26th September to sample tasty food dishes from around the world, with an array of traders each week serving up a kaleidoscope of fresh and flavoursome foods. Come and grab a seat on one of the picnic benches and treat your taste buds this summer. There are also lots of events on as well and it's worth looking up their website at <https://canarywharf.com/whats-on>



### WHAT THREE WORDS

Sandra Reekie asks. Have you got this App on your phone? If not, you should seriously consider doing so. Recently, one of our members went for a walk with a friend and must have caught her foot on a root and fell awkwardly, being unable to make her way back. Her friend thankfully had What Three Words on her phone and was able to call for an ambulance and tell them the What Three Words grid reference.

The ladies had walked a good half an hour away from the road and would have been difficult to locate, but with the unique What Three Words grid reference the ambulance team knew exactly where to find them and were able to keep in contact the whole time and letting them know how soon they would arrive. Having that reassurance must have been comforting.

You don't have to have an accident to make downloading What Three Words worthwhile. It can be used for instance to tell a delivery driver where you want your parcel left. Going somewhere new? if you know the grid reference, it can help you find it. It's free, easy to download and easy to use and I'm very happy to say that the lady who tripped on the tree root was taken to A&E and is now home recovering well.

**Secrets are safe with friends, as they can't remember them either.**

## NEWS FROM U3A CENTRE

### U3A FESTIVAL

Members can now book tickets for u3a Festival 24, which is taking place at the University of York from 18 to 20 July.

Margaret Fiddes, one of the organisers of the festival, says "Many hundreds of people are coming to join us in York for the largest ever gathering of u3a members in the movement's history." The taster programme and booking link can be found on the Festival page of the u3a website and if you have any questions, please email [festival@u3a.org.uk](mailto:festival@u3a.org.uk).

## USEFUL INFORMATION



### TEN YEARS OF GARDENING.

Jane Turner writes: In 2014, inspired by a talk from Marian Temple, a group of U3A members started guerrilla gardening in George Lane. The council no longer had the money to annually plant the flower beds and so had planted low maintenance shrubs. We decided to add some colour and variety and we meet regularly to weed, tidy and bring plants from our own gardens to plant. We always enjoyed each other's company, so stopping for a coffee after our gardening efforts became a necessary part of the sessions. We have expanded our territory. We now also look after the raised beds over the A406, the long stretch of flower beds outside Regency Court and 13 railing planters along the High Road and by the tube station. There are only a couple of the original U3A members still gardening with us, so to enable us to continue and recruit new gardeners who are not U3A members, we will in future no longer be officially associated with the U3A and will now call ourselves South Woodford Gardeners. We meet once a week and always stop for coffee and a chat afterwards. New members are always welcome whether U3A members or not, but if you can't join us we can always use plants or cuttings and we love people to stop and chat to us. Some of them even bring us chocolate biscuits!



### NEW BANKNOTES

The new King Charles III banknotes of £5, £10, £20 and £50 will start appearing in shops and banks from early June onwards, but if you want to guarantee getting your hands on the first banknotes as soon as they are released, you can send some banknotes to the Bank of England using their postal replacement banknote service, and they will ensure that your replacements will have the face of the King, not the late Queen on them. This service will be available from 5th to 30th June 2024, and the exchanged notes can only be sent to a UK address. The **form that needs to be filled in** will be available on the Bank of England website from 29th May 2024, and any applications using that form received before 5th June will be held for dispatch until 5th June to ensure you get King Charles III issued notes

**Your life does not get better by chance. It gets better by choice.**

## MORE USEFUL INFORMATION



### LAMBETH PALACE GARDENS

The private gardens at Lambeth Palace are opened to the public just on Fri 7th June, Friday 5th July, Friday 2nd August and Friday 6th September. Funds raised from tickets, refreshments and activities will be donated to charities to support their work. The gates open at midday, with the open day closing at 3.00 p.m. Last entry 2.30 p.m. Tickets are available on the day. Admission is £5.00 for adults with free tickets for children and carers. Dogs are welcome. Refreshments will be available to purchase in the garden marquee. More details on <https://www.archbishopofcanterbury.org/about/lambeth-palace/visit-lambeth-palace-garden>



### FOREST CINEMAS

Forest Cinemas, Walthamstow High Street closed its doors abruptly in July 2023 after the operating company went into administration. The new operator is PDJ Cinemas, a family-owned firm that runs four cinemas across the country. The independent chain specialises in world class films at local prices, offering value for money and exciting programming that mixes Hollywood hits with international and independent cinema. PDJ has an impressive record of being heavily involved in the communities in which it operates. The full range of prices will be confirmed closer to opening but there will be discounts available for children, seniors and families, with the aim of making prices accessible to all, at the same time as offering the latest cinema technology to movie-goers. Likely to happen this summer.



### REDBRIDGE CENTRAL LIBRARY

Is located at Clements Road Ilford. The Redbridge Museum is on the second floor of the library and visitors can explore 200,000 years of local history. The museum runs exhibitions, family events, a schools education programme and supports local communities to explore heritage.

The library is also home to exciting new spaces; Lab Central, Hub Central and Redbridge Heritage Centre which opened in 2017. The spaces enable digital learning, help businesses to develop and connect residents to the Borough's rich heritage. Located on the ground floor, visitors of the library can enjoy food and beverages at the Hardback cafe

### CHURCHFIELDS SCHOOL REUNION



Following on from last month's article on Churchfields School, a reminder to all ex-pupils that the reunion is on 8th June starting at 11.00 a.m. Does anyone in this picture that has been sent to me and is a class photo from about 1953 recognise themselves? Editor: I am 5th from the left in the front row in the photo! One of our members Angela Barnes, used to teach there!

**Never test the depth of the water with both feet** Page 3:

## HAVING A LAUGH



Baby Boomers will get this 😂😂  
Too Funny!!



I want to be 14 again  
and ruin my life differently.

I have some new ideas.



The difference between cats and dogs captured in one image



"Nathan, there's a gentleman here trying to pay with his phone."

## ONLY JOKING!

If you lose your hearing, is it ear replaceable?  
I visit old monasteries. They'll be the ruin of me.  
Is Pseudoko a game played by pretentious people?  
Whoever invented questionnaires has a lot to answer for.  
The days of digital watches are numbered  
I've just baked synonym buns. You know, like grammar used to make.  
I sued the airline over my missing luggage, but lost my case.  
I am terrified of elevators. I'm going to start taking steps to avoid them.  
Two artists had a duel. It ended in a draw.  
Started own business making yachts in my loft, sales through the roof  
Every time my doorbell rings my dog sits in the corner... He's a boxer  
I hit a very jovial clairvoyant. I like to strike a happy medium.  
I couldn't find my allotment. I think I'm losing the plot!  
I bought a Gun Manual, but it hasn't got a trouble shooting section.  
Do sheep count people if they can't sleep?  
Broken puppets for sale. No strings attached.  
Why did the dairy churn? The less said, the butter.  
I used to have a fear of hurdles, but I got over it.  
It was an emotional wedding. Even the cake was in tiers.  
Sleeping comes naturally to me. I could do it with my eyes closed.  
Children who fail their colouring exams need a shoulder to crayon.  
A little fortune-teller who skipped jail was a small medium at large.  
Witches often wear name tags so we can tell which witch is which.  
I am useless at gardening. For me it's all trowel and error.  
A Romanian library thief was apprehended. It was a Book Arrest.  
A semaphore signaller tried to revive his flagging career.  
The referee get fired because he was a whistle blower!  
If you dream in colour, it's a pigment of your imagination.  
A backwards poet writes inverse.  
I married a linguist but we didn't really speak the same language  
I used to have a job collecting leaves. I was raking it in  
The lumberjack's favourite part about computers was logging in.  
I had to go out with a prune, as I couldn't get a date.  
Need an ark to save two of every animal? I noah guy.



A man goes to the doctor. After examining him, the GP says: "You have some problems with your heart, but if you take these tablets I think it will be okay." So the doctor gives the man the tablets and the patient asks: "Do I have to take them every day?" "No," replies the doctor. "Take one on the Monday, skip the Tuesday, take one on the Wednesday, skip the Thursday and go on like that." Two weeks later the doctor is walking down the street and he sees the patient's wife. "Hello Mrs Murphy," he says. "How's your husband?" "Oh I am sorry that he died of a heart attack," says Mrs. Murphy. "I'm very sorry to hear that," says the doctor. "I thought if he took those tablets he would be all right." "Oh the tablets were fine," says Mrs. Murphy. "It was all the skipping that killed him."



An older lady was standing at the railing of the cruise ship holding her hat on tight so that it would not blow off in the wind. A gentleman approached her and said: "Pardon me, madam. I do not intend to be forward, but did you know that your dress is blowing up in this high wind?" "Yes, I know," said the lady, "I need both hands to hold onto this hat." "But, madam, you must know that your privates are exposed!" said the gentleman in earnest. The woman looked down, then back up at the man and replied: "Sir, anything you see down there is 82 years old. I just bought this hat yesterday!"